I CAN:

- respond when my name is called
- point to and name 10 basic colors
- hold a pencil or crayon
- draw basic shapes (circle, square, rectangle, triangle)
- sort objects by color and size
- say or sing the alphabet
- recognize upper and lowercase letters
- recognize and write my first name
- recognize the numbers 0-10
- count aloud from 0-20
- ask for help when I need it
- use my words to express ideas
- solve problems by using words or involving an adult
- ask and answer simple questions
- play with others nicely (take turns and share)
- perform basic self-care (wash my hands)
- perform basic restroom procedures
- feed myself using a fork and spoon without help
- tie my shoes, zip my coat, and put on my hat by myself
- follow basic health and safety rules (cough into my elbow)
- complete simple tasks
- follow one or two-step directions
- follow rules such as "stand quietly in line"
- stop what I am doing and move on to a new task when asked without becoming upset
- finish a simple game or activity and clean up before moving onto something else

















